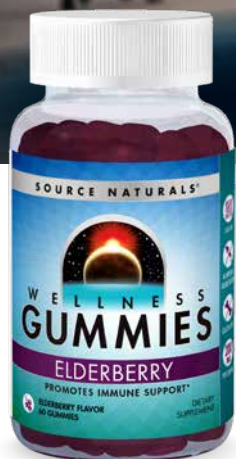




ELDERBERRY

WELLNESS GUMMIES

DELICIOUS IMMUNE & RESPIRATORY SUPPORT*



Immune and respiratory support can be delicious. Source Naturals® Elderberry Wellness Gummies combine one of the most important herbs in the European tradition with a mix of antioxidant and immune-support ingredients that's worthy of the Wellness name—all in a yummy, naturally sweet delivery form.*

While elderberry has long been used to support nasal and respiratory health, preliminary research suggests it may also support a healthy immune system. Each serving of Source Naturals Elderberry Wellness Gummies includes a potent 200 mg of *Sambucus nigra*. Among its power-packed blend of immune-support ingredients, the formula provides excellent doses of three key immune support and antioxidant compounds—vitamin C, vitamin D, and zinc. Plus, Elderberry Wellness Gummies contain no artificial flavors or colors! Delicious and convenient, Source Naturals Elderberry Wellness Gummies is a modern, science-backed twist on an Old-World favorite.*



source
NATURALS®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Powerful Antioxidant Flavonoids

Elderberry has been traditionally used for thousands of years, but there is still some scientific debate regarding the exact mechanisms of action that lend elderberry its effects. A source of many nutrients, European elder (*Sambucus nigra*), also known as black elder and elderberry, contains numerous flavonoids—the plant compounds that give color to berries, fruits, and vegetables.*

Elderberry's powerful antioxidant flavonoids, anthocyanins, can support the protection of our cells from free radical damage and ease oxidative stress. These anthocyanins may further support cell protection by improving the flexibility of the membrane in the capillary walls and preventing the infiltration of red blood cells and plasma from outside the vessels. Besides helping to fortify the body's natural defenses, elderberry's constituents influence many enzyme systems. In fact, elderberry may further support the strengthening of cell membranes by regulating the enzyme neuramidase, which can be harmful to membrane integrity.*

The Wellness in Elderberry Gummies

Source Naturals added vitamin C to transform this delicious gummy into a serious immune formula. Vitamin C, or ascorbic acid, contributes to immune defense by supporting functions of both the innate and adaptive immune

system. Neutrophils, the white blood cells which attack foreign invaders, seem to be the primary cell type stimulated by vitamin C, but lymphocytes and other phagocyte white cells can also benefit. Furthermore, to support the process of protecting themselves from the exact caustic free radicals they use to fight foreign invaders, some white blood cells concentrate vitamin C up to 50 times that of surrounding tissue.*

The vitamin D in Elderberry Wellness Gummies acts as the conductor of the symphony that is your complex immune system. It activates a large orchestra of genes, many of which are used to power up and support our immune system, while simultaneously supporting the processes that lead to healthy metabolic inflammation.*

Highly important to our adaptive immune system, zinc helps to support the activation of T cells in the thymus gland so that foreign invaders can be identified and a unique strategy to manage them can be employed.*

These gummies taste so good you may want to eat them like candy, but rest assured, each serving provides your immune system the support it needs. In uncertain times, reach for the delicious immune and respiratory support of Source Naturals Elderberry Wellness Gummies.*

For more information, visit
SourceNaturals.com



source
N A T U R A L S®

©2021 Source Naturals, Inc., P.O. Box 2118, Santa Cruz, CA 95063

www.sourcenaturals.com | [@SourceNaturals](https://www.instagram.com/SourceNaturals) | [Facebook](https://www.facebook.com/SourceNaturals) | [Instagram](https://www.instagram.com/SourceNaturals)



LC000861 | REV2110A

*Not all inflammation is associated with disease states. Inflammation is also the body's healthy immune response to life's normal stressors such as strenuous exercise or an occasional high-fat/high-calorie meal. The body's inflammation response to life's occasional, normal stressors is important for optimal health.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**