



PRESS RELEASE

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SOURCE NATURALS INTRODUCES OMEGACHIA™ OIL

Highest Known Plant Source of Omega-3

SCOTTS VALLEY, Calif. – After centuries in obscurity, modern science has rediscovered an ancient superfood from the Aztec civilization – chia seeds. Source Naturals is pleased to introduce chia seeds in oil softgels - OmegaChia Oil. Chia seeds were one of the four staples in the Aztec and Mayan diet and were considered so important, that they were offered to their Gods. Chia's ability to provide strength, endurance and vitality for long periods of time was critically important to warriors of that time.

Chia, in seed or oil form, is highly nutrient-dense. Chia seeds have the highest concentration of omega-3 fatty acids available from any plant source. Source Naturals National Science Educator Guy Devin, Ph.D. states, "Chia seeds contain approximately 60% omega-3 fatty acids and have plentiful quantities of amino acids. Chia is also rich in antioxidants which help to stabilize the omega-3 ratio. In addition, chia's extremely high content of calcium and other nutrients creates exceptional possibilities for the improvement of health and nutrition." Chia can be considered the perfect functional food for maintaining daily vitality.

OmegaChia Oil comes in 30, 60 and 120 capsules and can be taken with meals. Suggested retail for OmegaChia Oil is \$10.50 for 30 capsules, \$19.50 for 60 capsules and \$37.50 for 120 capsules.

To learn more about Source Naturals and OmegaChia Oil, as well as to find purchase locations, visit www.SourceNaturals.com.

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About Source Naturals

Founded in 1978, Source Naturals is committed to enhancing individuals' potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit www.SourceNaturals.com.