

BERRYOXIDANTS™

Food-Sourced Antioxidant Protection



The plant world offers some of nature's most powerful antioxidants. Today exciting discoveries are emerging from research into the protective properties of fruits and botanicals, especially lush, delicious berries.

BERRYOXIDANTS is a power-packed antioxidant complex featuring standardized extracts from fruits, especially berries, as well as herbs and spices. BERRYOXIDANTS combines more than 25 plant-derived antioxidants with a full 500 mg per tablet of vitamin C, for one of the most comprehensive formulas of its kind. Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

At a time when our health is challenged by an unprecedented array of toxins, taking full advantage of the wealth of antioxidant protectors contained in plants is critical.

BERRYOXIDANTS addresses seven of the key SystemiCare™ metabolic systems identified by Source Naturals as critical to optimal health: Antioxidant Defense, Liver/Detox, Immunity, Cells/DNA, Circulation, Inflammation Response, and Structure/Connective Tissue.



Strategies for Wellness SM

Source Naturals BERRYOXIDANTS™ features a cornucopia of outstanding plant antioxidants—biological molecules that offer critical protection against the onslaught of free radicals in our polluted environment. Included are açai, amla, goji (lycii berry), mangosteen, raspberry, cherry, mulberry, elderberry, and much more. Together these compounds defend your tissues and cells from oxidative stress.

Powerful Botanical Antioxidants

BERRYOXIDANTS features potent botanicals, many of them standardized to specific beneficial constituents. The principal active compounds are *polyphenolic flavonoids* from fruit, spice, and herb extracts (polyphenols are plant compounds that contain more than one phenol ring, and flavonoids are one of the main classes of polyphenols).

BERRYOXIDANTS combines a wide variety and dosage of polyphenolic flavonoids with high potency vitamin C, for maximum bioavailability, effectiveness, and antioxidant protection. Numerous studies have indicated that high consumption of these flavonoids supports heart, lung, blood sugar, and prostate health.

Antioxidants from Fruit

Berry skins are a rich source of health-promoting polyphenols. BERRYOXIDANTS includes antioxidants from **açai juice powder**, **amla fruit powder**, **goji berries**, **cherries**, **raspberry leaf** (standardized to 40% ellagic acids), **bilberries** (40% anthocyanidins), **hawthorn berries**, **grape seed** (pro-cyanidolic value of 95), **blueberry leaf** (20% phenolic acids), **elderberries** (5% flavones), **strawberry powder**, **mulberries**, **cranberries**, **pomegranate** (40% ellagic acid), and **mangosteen** (40% xanthonenes).

Antioxidants from Herbs and Spices

BERRYOXIDANTS also contains **holy basil**, **ginkgo biloba** (24% flavones), **milk thistle** (58% silymarin), **rosemary**, **turmeric** (95% curcumin), and **astragalus**. These ingredients add to the spectrum and amounts of polyphenols in the formula.

Additional Ingredients

With all this fruit and plant antioxidant power, BERRYOXIDANTS is an intelligent way to get your daily dose of vitamin C. Each tablet contains a potent 500 mg of ascorbic acid. Flavonoids and vitamin C, when taken together, synergistically increase their antioxidant effects. BERRYOXIDANTS also contains the antioxidants **quercetin**, **green tea** (95% polyphenols and 35% epigallocatechin gallate), **resveratrol**, **rutin**, and **olive leaf** (15% oleuropein). **Cabbage powder** (a member of the Brassica family) is added due to evidence that consumption of Brassica vegetables offers lung, stomach, and rectal tissue protection. **Bromelain** (2,000 GDU) is a pineapple enzyme, added to enhance the effects of quercetin, while **lecithin** acts as an emulsifying agent, aiding the absorption of the polyphenols.

Your Source for Advanced Nutrition

The development of BERRYOXIDANTS reflects Source Naturals' commitment to manufacturing supplements on the cutting edge of nutritional science. We are glad to partner with your local health food store in bringing you nutritional resources that help you take charge of your health.

References

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