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Planetary Herbals Introduces Full Spectrum™ Forskohlii

Metabolic Activator and Healthy Weight Management

Scotts Valley, CA – Planetary Herbals presents Full Spectrum(TM) Forskohlii - a renowned Ayurvedic herb with a profound metabolic action on the body. The active ingredient Forskohlin (ForsLean(R)) stimulates fat metabolism in adipose tissues. Forskohlii is popular among serious athletes because it increases cAMP which induces smooth muscle relaxation. Full Spectrum(TM) Forskohlii is available in a convenient capsule form from Planetary Herbals.

Planetary Herbals herbalist Roy Upton says, "Coleus forskohlii has been used by practitioners of Ayurvedic herbalism for centuries but until recently it has not been well known throughout the West. In Ayurveda it is considered to have a great many health benefits and used to promote all around wellness. It is known as a metabolic activator, used to support healthy circulation and lung function. Planetary Herbals formula will include a standardized forskohlin (ForsLean(R)) standardized extract and a whole root powder to deliver a Full Spectrum(TM) of constituents."

Its active ingredient forskohlin acts mainly through direct stimulation of cyclic AMP (cyclic adenosine monophosphate) production. Cyclic AMP is a molecule which determines how cells react to hormonal signals. It is closely related to (and produced from) ATP, commonly known as the main cellular energy carrier. Through stimulating the activity of ATP, it both stores and releases energy and supports a myriad of functions including balancing blood sugar levels already within a healthy range, moving muscles, synthesizing compounds and transporting nutrients.

Planetary Herbals integrates the best of worldwide herbal traditions with modern clinical and pharmacological research. The result is an herbal product line that is unequalled for efficacy, safety, and dependability. For more information or purchase locations, please visit <http://www.planetaryherbals.com>.

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